

CANADA'S SPA CONNECTION

Living Shore Spa

LOCATION, LOCATION SPACATION

CIDESCO

Educating the Spa Therapists of the Future

Finding a Healthy Work-Life Balance

OOO POSTURE AT THE SPA

www.spainc.ca

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fresh & new

HYDRAFACIAL HydraFacial MD

HydraFacial MD combines spa therapies with advanced medical technology. The HydraFacial MD Treatment involves cleansing, exfoliation, extraction, and hydration all while delivering antioxidants, hvaluronic acid, peptides and other essential nutrients. The treatment is effective in reducing fine lines and wrinkles, enlarged pores, elasticity and firmness of the skin. The technology behind the HydraFacial MD was developed by Edge Systems LLC. www.hydrafacial.com



Lydra Facial EEdge System

G.M. COLLIN Diamond Serum

G.M. Collin's Diamond Serum is an anti-aging serum that visibly reduces the signs of aging by improving skin's elasticity and firmness, softening the look of wrinkles, revitalizing the skin and protects it from environmental stressors. The serum reinforces the skin's hydration barrier and increases its radiance. Diamond Serum contains Photoluminescent Diamond Powder, Diamond Peptide, Snow Algae, Neodermyl, and plankton extract. www.gmcollin.com



ESSIE **Gel Couture Collection**

Essie's new Gel Couture collection was inspired by the world of high fashion and contains 42 shades categorized into four colour families and one exclusive gel couture top coat. The easy two-step system delivers an instant gel-like shine. The collection comes in a new bottle designed to mimic the twist and swirl of a perfectly tailored gown. www.essie.com

fresh & new

MEDISCA Blend & Boost

Medisca's Blend & Boost collection contains 13 active cosmetic boosters and five dermatologisttested cream bases rich in natural ingredients. Each cosmetic active booster can be mixed and matched with the specialized bases for a customized solution to specific skin concerns, whether it be aging, dry skin, oily skin, or sensitive skin. Each booster is free of parabens, fragrances and gluten, and includes ingredients like beta-glucans, peptides, and vitamin C. Blend & Boost also features patented technologies, which include hyaluronic acid and ceramides to optimize the delivery system. www.blendandboost.com



Holiday 2016 Rise Collection

The rich hues of this collection reflect the festive season and features Champagne Shimmer, Dusty Red Crème, Mauve Crème, and Deep Forest Crème. The names chosen for each of the four shades - Rising Spirit, Unite, Come Together, Take a Stand - celebrate "the rise of women and a renewed feminism, [and]... is representative of women coming together in unity to inspire each other to use their voices for change," says SpaRitual Founder, Shel Pink. The Rise Collection uses SpaRitual's patented GOLD Cap for easy opening and Mindful Brush, which utilizes more than 600 bristles that fan out for maximum control and precise application. www.sparitual.com





VI AESTHETICS

VI Derm HQ Plus

VI Aesthetics' VI Derm HQ Plus is specially formulated for the treatment of hyperpigmentation. The product has a two per cent hydroquinone formula with additional targeted tyrosinase inhibitors that work together to block melanin formation, degrade melansomes and inactivate melanocytes. HQ Plus is clinically proven to reduce pigmentation and skin redness in as little as two weeks, while studies show at four weeks there is a significant reduction of pigmentation by 14 per cent. www.viaesthetics.com



Philip Stein embedded Natural Frequency Technology into its Sleep Bracelet. The metal case on each Sleep Bracelet acts as a finely tuned antenna that channels natural frequencies that constantly circle the earth. The antenna is designed to only pick up combinations of frequencies between 0.2 and 32.5 Hertz, which are believed to be beneficial for overall well-being or sleep. The Sleep Bracelet has a comfortable, ultra-soft microfiber strap that comes in a variety of colours, and the metal case comes in either rose gold plate or stainless steel. www.philipstein.com

SÉRUMTOLOGIÉ

C serum-22 and Pure Whipped Chiffon Moisturizer

sérumtologié's C serum-22 contains a clinically proven combination of vitamin C, E and ferulic acid at very concentrated levels. This trio of powerful skin beautifying ingredients is combined with botanical hyaluronic acid, L-arginine, MSM and aloe. When paired with the Pure Whipped Chiffon Moisturizer, C serum-22 supports healthy skin and minimizes the appearance of fine lines. www.serumtologie.com

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